Angel Food Ministries Order Form February 2010

YFC Angel Food-Distribution Trinity Lutheran 8:00-9:30 am, Sat., Feb. 20, 2010
Order deadline, Tues., Feb. 16, NOON
YFC Angel Food, PO Box 166, 86 N. Main St., Wellsville, N.Y. 14895, Phone# 585-593-5472
You may order online at angelfoodministries.com

REGULAR BOX $30.00

Balanced nutrition and variety with enough food to feed a family of four for a week

2 lb Top Sirloin Steaks (4x8oz)
1.5 lb Boneless Pork Roast
2 lb IQF Boneless/Skinless Chicken Breast
2 lb Lasagna w/Meat Sauce
1.5 lb Fully Cooked Boneless Chicken Drumsticks (Brand New Item! Exclusive to AFM-First time offered anywhere)
1 lb Lean ground beef
1 lb Frozen Baby Limas
1 lb Frozen Green beans
1 lb Pasta
25 oz Pasta Sauce
4 ct Large Russet Baking potatoes
32 oz 2% Shelf Stable Milk
Dozen Eggs
Dessert

*Steaks in a box of angel food are now thicker than ever before. Though there may be fewer steaks in a box, it's the same amount of meat with improved quality and tenderness.

SENIOR/CONVENIENCE BOX—–$28.00

For Seniors or People on the Go!
Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. Of protein, a starch and two vegetables or fruit.

Chicken Cacciatore with rice, cauliflower & lima bean/corn blend

Fettuccini Alfredo with Brussels sprouts & zucchini

Salisbury Steak & gravy with cauliflower, peas & carrots

Breaded Fish Sticks with wild rice, corn & peas

Chicken & Noodles with corn, Brussels sprouts

Spaghetti & Meatballs with corn, peas & carrots

Chicken Teriyaki with rice blend, sugar snap peas & carrots

Meat Lasagna with green beans & cauliflower

Chili with Beef & Beans with corn/red peppers & peas

Cheese Manicotti with green beans, peas & carrots

Dessert: Assorted Cookies, Strawberry Frozen Yogurt Cup, Pineapple Fruit cup, Peach Fruit cup, Orange juice, Fruit Punch

5 lb. ALLERGEN FREE BOX—$23.00

Processed to eliminate the eight top serious Allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten. Great for children and adults.

Allergen Free Frozen Food Products:
1 lb Breaded Chicken Fillets Patties
1 lb Breaded Chicken Nuggets
1 lb Breaded Chicken Wings
1 lb Breaded Steak Fingers
1 lb Breaded Chicken Tenders

Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breading is pre-browned in Canola oil.

6 lb PREMIUM SEAFOOD PACK—$35.00

Six pounds of the finest quality seafood assortment available

2 lb Alaskan Snow Crab Legs
1 lb Large EZ Peel Shrimp
2 lb Oven Ready Popcorn Shrimp
1 lb Stuffed Crab in Natural Shell (8ct)

SPECIALS MAY NOW BE ORDERED WITH OR WITHOUT STANDARD

FEBRUARY SPECIAL #1
6.5 lb. Assorted Meat Grill Box **$23.00**
1.5 lb. T-Bone Steaks (2 x 12 oz.)
2 lb. Boneless Pork Chops (4 x 8 oz.)
1.5 lb. Lean Hamburger Patties (4 x 6 oz.)
1.5 lb. Mild Italian Sausage Links with Cheese

FEBRUARY SPECIAL #2
5 lb. Assorted Meat & Chicken Combo **$22.00**
1.5 lb. Kansas City Strips (2 x 12 oz.)
1.5 lb. Prime Rib Steak (2 x 12 oz.)
2 lb. Gourmet Flavored Boneless Chicken Breast Mesquite (4 x 4 oz.) & Lemon Herb (4 x 4 oz.)

FEBRUARY SPECIAL #3
Stuffed Chicken Variety Pack **$18.00**
1.5 lb. Chicken Cordon Bleu (4 x 6 oz.)
1.5 lb. Broccoli & Cheese (4 x 6 oz.)
1.5 lb. Chicken Kiev (4 x 6 oz.)

FEBRUARY SPECIAL #4
Super Value Fajita Kit (5+ lbs.) **$21.00**
2 lb. Steak Fajita Strip Packs (2 x 1 lb.)
2 lb. Chicken Breast Fajita Strip Packs (2 x 1 lb.)
1 lb. Onions & Bell Peppers
20 ct. 8" Flour Tortillas

FEBRUARY SPECIAL #5
Premium Fresh Fruit and Veggie Box **$22.00**
3 lbs. Tree-Ripened Oranges
2 lbs. Premium Red Delicious Apples
1 lb. New Crop Chilean Plums
4 Washington State Anjou Pears
4 Washington State Fuji Apples
4 Tree Ripened Tangerines
2 Tree Ripened Red Grapefruit
6 pack 1 oz. Boxes Premium Sun Dried Raisins
3 lbs. Premium Red A-Size Potatoes
2 lbs. Premium Yellow Onions
1 head Premium Leafy Green Cabbage
1 lb. Premium Whole-Peeled Baby Carrots
AFM February 2010 Fruit and Veggie Recipe Sheet

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All checks made out to YFC Angel Food, PO Box 166, Wellsville, NY 14895

Name______________________________ **Address**________________________
Phone____________________________ **Email**__________________________

#_____Angel Food Boxes	@$30.00 Each	Total	$__________
#_____Senior/Convenience Box	@$28.00 Each	Total	$__________
#_____Allergen Free Box	@$23.00 Each	Total	$__________
#_____Seafood Pack	@$35.00 Each	Total	$__________

Monthly Specials

#_____Special 1	@$23.00 Each	Total	$__________
#_____Special 2	@$22.00 Each	Total	$__________
#_____Special 3	@$18.00 Each	Total	$__________
#_____Special 4	@$21.00 Each	Total	$__________
#_____Special 5	@$22.00 Each	Total	$__________

TOTAL AMOUNT $__________

Returned Check Fee-$18.00

Check #______Cash_____FS____MO_____February 2010